



Santa Fe Pickleball Newsletter

July 2023

- Cindy Lawton—President**
- Gaby Loy—Vice-President**
- Sandy Arrighi—Secretary**
- Chuck Stein—Treasurer**
- Nic Blouin — Member-at-large**
- Nancy Germond — Member-at-large**
- Dr. Mike Jackson—Member-at-large**
- Nancy Mroz—Member-at-large**
- Bruce Panowski—Member-at-large**

Club web page: santafepickleballclub.com
 Club email: sfpickleball@gmail.com
 Like us on Facebook



PRESIDENT'S MESSAGE

Exciting news for Santa Fe Pickleball! We have grown to over 700 members and our popularity has not gone unrecognized. Articles were published in both the Reporter and Lifestyles magazine this last month.

Pickleheads, a national company, has also interviewed me. They have decided to put on an event here in Santa Fe. This will be a "competitive round robin" for each of our 4 chile levels with a nominal fee to enter. The event date is set for August 20th. Registration for this event will start July 12.

I have been in contact with the city and the city councilors to check on the status of the court expansion project. At this moment, the project is moving forward and is on schedule:

- Design finished by end of September.
- Work to begin in Oct/Nov.
- Concrete pouring in Spring 2024.
- Completion by end of Summer/Fall 2024

The support by the city councilors and the parks department has been tremendous. If you ever communicate with them, please extend a thank you.

CALENDAR ACTIVITIES

- The club has added a mixed doubles ladder every other week on Mondays.
- We eliminated Chile 4 play on Sundays due to lack of interest and increased the time for the round robins. This was suggested by a member and decided on by the board.
- The popularity of the group lessons continue - a special thank you to all our dedicated instructors. **The August registration for group lessons is now open.**
- Newbie clinic (3rd Saturday of the month) always can use volunteers. If interested, contact Faith Spencer.
- Wondering how good you really are? What level you are? Want a guaranteed game with players at your same level? Consider joining the Hierarchy on Fridays. You are placed with other players close to your level for 3 matches. As you improve, you move up. (see below).
- Please still register on the waitlist if an event is full. We look at the calendar and analyze the popularity of events. If we see a large waitlist, it helps us understand this is not only needed but also, we may want to add an additional time slot.

The Santa Fe Pickleball Club Board will meet July 18 at 4:30. If you have something you would like us to address, please make sure to email Cindy at clawts@gmail.com by July 15 so she can add the issue or comment to the agenda.

ANNOUNCEMENTS

Player Hierarchy

What is the hierarchy? You are matched to folks about your same level. Players are grouped into a set of 4 (sometimes 5). Each time you sign up (on Court Reserve) you play 3 games to 15, win by 1, alternating partners each game (if 5 in the group, you will play four games to 11, win by 1). The player with the most points moves up a group; player with the fewest point moves down a group. It's fun and we hope to have more players involved. You don't have to sign up each week. As your game improves, we would expect your ranking to improve. You must sign up no later than Tuesday for that week's hierarchy. The Women have over 50 players now/Men over 30. Rankings are posted on the website. A friendly reminder: If you have signed up and just can't make it, contact Cindy or Bruce by Tuesday (or before) so we can remove you for that week. Our hierarchy group winners for Men (June 30) and Women (July 7) are listed here.

	Men	Women
Group 1	Kirt Kempter	Cindy Lawton
Group 2	Jeff Levine	Suzanne Warwick
Group 3	Lester Borenstein	Amy Alford
Group 4	Don Duncan	Annie Maes
Group 5		Jennifer Stevens
Group 6		Cindy Brenner
Group 7		Christine Biree
Group 8		Gayle Torrez
Group 9		

Drill Volunteers Still Needed

The Santa Fe Pickleball Club will continue to promote improvement in your game by offering drills for each Chile level. They started being offered once weekly beginning in the middle of March, but we need volunteers to help with these sessions. Although there is officially no charge for the drills, a \$5 - \$10 donation per session is recommended to help offset instructor costs. Please contact the following coordinators if you would like to help with this program.

Chile 1 - Ron Geyer Ronover4@gmail.com

Chile 2 - Nic Blouin nicnrb@gmail.com

Chile 3 - Frank Lux FORBESLUX@AOL.COM

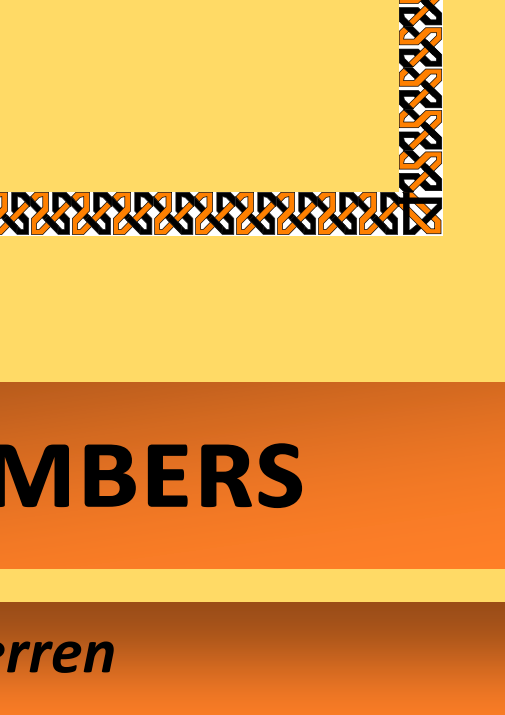
SFPC Merchandise Store

By Nancy Mroz

Check out the Santa Fe Pickleball Club merchandise offerings either by reading the QR code, or visit the Club's web page at: santafepickleballclub.com



SFPC online merchandise store is adding Men's Tall merchandise to all lines that offer it, SPF shirts and more men's shorts. Bruce Cunningham at Great Ideas is also willing to add the SFPC logo to other items which are **not offered** by the store for members for a \$10 fee. For example, a member could have the logo put on their pickleball bag. Email Bruce at bruce@greaidideasf.com



Social Events

On a beautiful July 4th day, players converged onto Fort Marcy Courts to test their Pickleball Skills. The course consisted of dinks, volleys, drops, serves and bouncing of serves. We had dexterity games of how many feet can you walk while returning the ball on your paddle (we may need to make it an obstacle course for more of a challenge), as well as rolling a pickleball between cones. A big thank you to all the volunteers for this event: April Herron, Marcom Herron, Nic Blouin, Bruce Panowski, Amy Alford, Kathy Levine, Gaby Loy, Cindy Lawton & Nancy Mroz. As players took their skills from station to station, two players emerged victorious. Jae Hoon Lim took 1st place with the highest points scored, Lyn Payne not far behind for 2nd place. Congratulations! The 'sold out' party moved to the Estancia Primera Clubhouse for a party organized by Lisa Young. Many folks swam and enjoyed the gorgeous afternoon. Everyone brought wonderful dishes to share. Best 4th of July ever!!!

Next social will be August 20th after the Pickleheads round robin. Details to follow.

Upcoming Tournaments

Albuquerque

NEW MEXICO GAMES Aug 4-6, 2023

ABQ PICKLEBALL CLUB LABOR DAY CLASSIC Sept 1-3, 2023

SENIOR AFFAIRS MEET AND GREET Sept 22-24, 2023

ABQ PICKLEBALL CLUB AFTERGLOW TOURNAMENT Oct 15-17, 2023

For more information, go to abqpickleball.com, or to register go to pickleballbrackets.com and scroll to the tournament date.

Pagosa Springs



Join the Pagosa Pickleball Club to help celebrate the completion of the Town's 8 new, dedicated pickleball courts with our 2nd Grand Opening tournament. In addition to some great pickleball, enjoy the beauty of Pagosa Springs, the fall colors in the San Juan Mountains, and relax in the deepest hot springs in the world. This will be a round robin format to ensure plenty of play. Brackets will be 3.0, 3.5, 4.0, 4.5. Lunch will be provided for players, and we will have a silent auction with some amazing items, player swag bags and more.

Women's Doubles - Friday, September 29
 Mixed Doubles - Saturday, September 30
 Men's Doubles - Sunday, October 1

Tournament Registration Fee \$40 - includes one event
 Second event - \$10
 Pickleball brackets fee - \$5/person/event
 Registration opens on June 15 and closes on September 14 at 5 p.m.

South Yamaguchi Park, 684 S 9th St, Pagosa Springs, CO 81147
 Venue: 8 Outdoor Courts, Pickleball Harcourt Surface, Permanent Nets
 Free parking along the courts and across the street.

For details and registration go to:
<http://pickleballbrackets.com/>
 Click: Tournaments - Keyword: Pagosa

COMMUNITY OUTREACH

Food Depot

The Santa Fe Pickleball Club is continuing its efforts to give back to the community! Two or three times a month we are volunteering at the Food Depot. Volunteers evaluate and repack donated food for distribution to people in need.

Chuck Stein, our treasurer, serves as our coordinator for the Club. You can sign up on Court Reserve by searching under Categories and "Community Outreach".

If you have questions, please email Chuck at chuck@chuckstein.com or you can text him at 214-354-6073.

Current dates for July are as follows:

- Thursday, July 13, from 9:00am to 11:30am.
- Tuesday, July 25, from 1:30pm to 4:00pm

FUND RAISING

BUSINESS ADOPT-A-COURT DONORS

The Santa Fe Pickleball Club is honored to recognize the following businesses who have given so generously as Adopt-a-Court Co-Sponsors.

Guzman & Walther
Real Estate Group

Mary Guzman & Gretchen Walther
Barker Realty • Serving Santa Fe & Beyond
505.570.1463 | 505.710.1039

PRESBYTERIAN
Santa Fe Medical Center

PRESBYTERIAN
Healthcare Foundation

PRESBYTERIAN
Health Plan, Inc.

WATSON ADVISORY SERVICES, LLC

tapeandmedia.com & more
SINCE 2007 - technology you need from people you trust

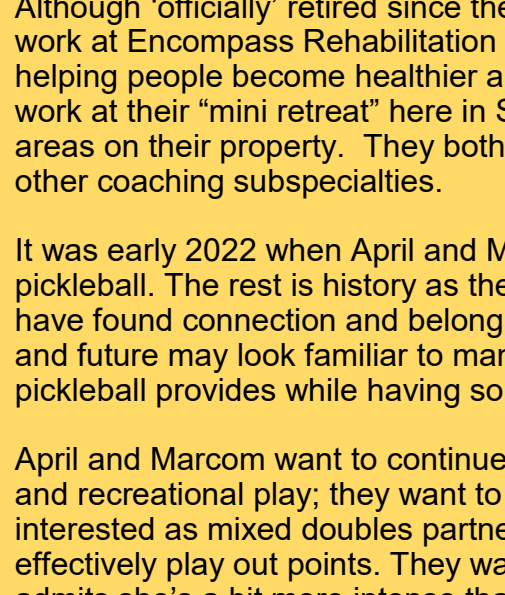
Bennie H. Wallace, Jr.
bennie@tapeandmedia.com
(877) 938-0901
tapeandmedia.com

Green Packaging Inc.

MEET THE MEMBERS

Marcom & April Herren

By Nancy Mroz



I met up with Marcom and April the other day while they were instructing one of the Chile 2 Drill Sessions. Wow! Both of them were fully engaged and by golly so were all of the students. I saw them run three different skill drills in the 20 minutes that I watched the session while the students were all in!

After the drill session we met under the trees to talk. Of course I was curious as to where Marcom had gotten his name. It was one of his father's best friend's surname! No wonder I had never heard of the name before!

April and Marcom met in college at Abilene Christian University both having grown up primarily in Texas. Their first date was a "Sadie Hawkins Week" event which was college wide. April asked Marcom out to Red Lobster. From there an amazing romance blossomed. They were married in 1985. April and Marcom have three grown children, two daughters and a son. Their oldest daughter has a degree in art and is a professional artist in Austin, their middle daughter lives in Seattle where she is getting her doctorate in Theater Theory and History and their son went to NYC with an undergrad in modern dance and since the pandemic, earned a Master's in journalism and currently is working for a major publication there.

Marcom went to medical school in Texas and after an internship, joined a residency program in Chicago in Physical Medicine and Rehabilitation. Marcom's sport while growing up was golf though he has been active in various different sports in his life.

April worked while Marcom went to medical school, until they started their family. Most of her time since then has been dedicated to her family and her retreat coaching business. She grew up playing sports including track, cross country, softball and tennis.

After residency the Herrens moved to Wichita Falls, TX where they lived with their growing family for 24 years where Marcom's practice in Rehabilitation Medicine and Pain Management continued to grow. April worked as a retreat coach with certifications in neuroscience and Enneagram.

They retired early leaving Texas and settling in Eagle Nest, NM where they bought a small lodge with a main house and four cabins on forty wooded acres. They ran the lodge as a non profit retreat facility. It was retirement with a purpose in a beautiful location! However, reality set in for them after a few very rugged winters that were long and a bit lonely. By 2019 they had bought a home in Santa Fe.

Although "officially" retired since they have moved to Santa Fe, Marcom is doing some temporary work at Encompass Rehabilitation Hospital where he continues to feel very fulfilled and satisfied helping people become healthier and improve their lives. April still continues to do a bit of retreat work at their "mini retreat" here in Santa Fe. She enjoys creating and tending to multiple garden areas on their property. They both have various coaching certifications in the Enneagram and other coaching subspecialties.

It was early 2022 when April and Marcom walked over to the courts at Ft Marcy to try out pickleball. The rest is history as they are both totally addicted to the sport. They love that they have found connection and belonging in the pickleball community. Their goals for the present and future may look familiar to many of you. They are enjoying competition...love the exercise pickleball provides while having so much fun...enjoying the multigenerational aspect of the sport.

April and Marcom want to continue to improve, to become better partners together in competition and recreational play; they want to compete effectively in the 3.5 level, for now. They are interested as mixed doubles partners in understanding each others' patterns and how they can admittedly play out points. They want it to feel like a dance, to move in tandem and flow. April admits she's a bit more intense than Marcom and he's a bit more easygoing. These are some of the "fun things" they get to work out as they are working together to become a more effective team. A favorite comment of theirs is, "Pickleball is more than a game!" They believe it really reveals and is representative of each individual's personality assets and liabilities. The game is growing them in physical ways, but also mentally and emotionally.

They are both enjoying this opportunity, as one of their goals is to travel to tournaments throughout the country together. They both love, love Santa Fe. It is such a good fit for them. They love that Santa Fe is a progressive and interesting city and has a vibrant pickleball community.

COACH'S CORNER

By Christine Wantuck, Certified Coach PPR

Balance — It is important to stay balanced through your whole stroke. Use your non-dominant arm to keep your shoulders balanced, like a table top.

Ready Position — Build your ready position into every stroke you hit. Make your ready position part of the stroke follow-through.

Do not think of it as a two-step process: 1st stroke the ball out in front of you, 2nd, return to ready position. Practice one smooth stroke that begins with contact and the follow through ends with the paddle in the ready position.

RULES & REGS

"Out" Calls

By Annie Maes

Player A (believing they are engaging in "partner communication" with Player B) yells "OUT!" as they are receiving a ball in a rally. However, the call occurred immediately AFTER the bounce. Player B sees that the ball is actually IN, and returns it cleanly to their opponents, who fail to play it because they thought the ball had been called out. Is this a replay? Or does Player A get called for a distraction?

Rule 6.D.11. An "out" call made after the ball bounces is a line call. The ball is dead and play shall stop. There is no replay. An out line call always ends the rally. Since the call was incorrect, the player who made the call loses the rally.

[Distraction does not apply here. See Rule 3.A.6.]

REFERENCE SECTION

Live Longer

MAYO CLINIC SUGGESTS PICKLEBALL PROMOTES LONGER LIFE EXPECTANCY

A Mayo Clinic study suggests that playing pickleball may contribute to longevity, with participants potentially living **6 to 10 years longer**. The social interaction and various physical demands promote cardiovascular health and mental agility.

Brine Time—The Santa Fe Reporter

There is a good article, entitled "Brine Time" in the recent Santa Fe Reporter detailing the recent pickleball mania in our town. Follow this link: <https://www.sfreporter.com> and search "Brine Time".