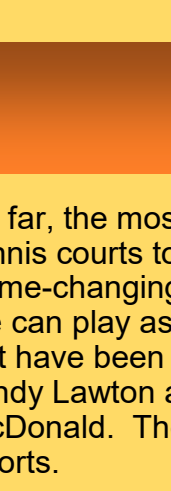


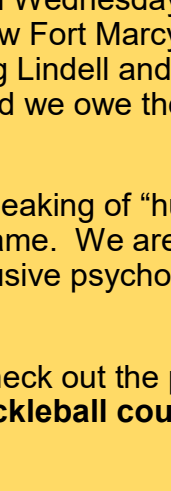


Santa Fe Pickleball Newsletter

October 2021



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Message from the Board

By far, the most important pickleball news in September was the conversion of the Fort Marcy tennis courts to Santa Fe's first public, outdoor designated pickleball courts! This is a big deal... game-changing! The six beautiful courts are hopefully the beginning of more future courts where we can play as well as hold local, state, and national tournaments, clinics, and events! This would not have been possible without the tireless work of our own pickleball ambassadors-extraordinaire Cindy Lawton and Gaby Loy, as well as the matching dedication of Acting Parks Director Melissa McDonald. The Santa Fe Pickleball Club gave Melissa a generous gift card to thank her for her efforts.

On Wednesday, September 29, there was a ribbon-cutting ceremony to officially commemorate the new Fort Marcy Courts. Speakers were Melissa McDonald, Mayor Alan Weber, and city councilors Sig Lindell and Carol Romero Wirth. They were also instrumental in making these courts happen and we owe them a huge thanks for their advocacy on our behalf.

Speaking of "huge thanks", this will be the last installment of Jim Parker's segment, The Inner Game. We are deeply grateful for his words of wisdom and expertise when it comes to the often-elusive psychological/emotional aspects of playing competitive sports. Thank you, Jim!!!!

Check out the pictures below to find out what's happening at our **new outdoor, public, dedicated pickleball courts!** (I can't say that enough!!!!)

See you on the new courts!
Jeff

AMBASSADORS' NEWS

By Cindy Lawton & Gaby Loy

Echoing Jeff above, the big news for the month: COURTS!

We spent a lot of time meeting with the city and the contractor to lay out the courts correctly. Hope everyone liked what we did.

We applied for and were awarded a grant for \$350 (the maximum) for pickleball equipment. The grant is given by USA Pickleball Association for school programs. The equipment will be going to the New Mexico School for the Arts. Ed Woodd, Gaby, and I met at the high school and looked at court locations and supplies needed. We ordered the school two nets and some balls. We will be painting courts for them in October sometime. Be Peña, a physical education teacher, was instrumental in bringing pickleball to this high school. If anyone has extra Paddles they are no longer using, please let Cindy or Be know (direct message us on the TeamReach app).

We organized the Ribbon-Cutting Ceremony with the mayor's office and city councilors.

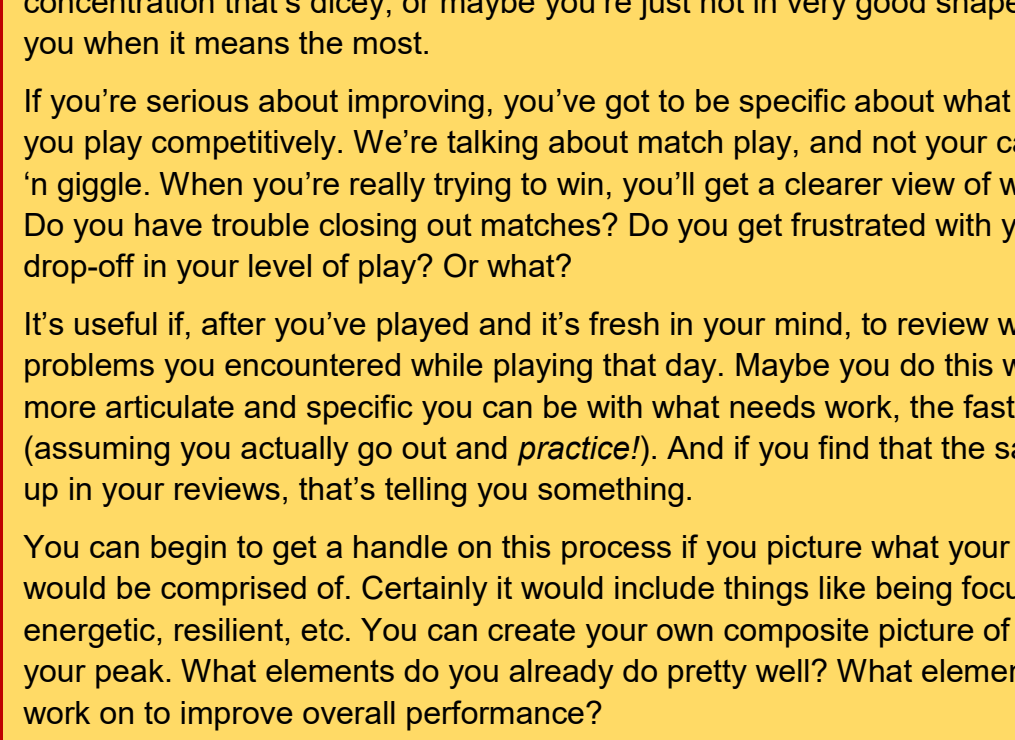
Please Note: The city has requested that cars be parked in the parking lot whenever possible (rather than along Old Taos Highway). Your cooperation is appreciated.

NEWS / UPDATES

Upcoming Tournaments/Clinics

By Cindy Lawton / Gaby Loy / Christine Wantuck

Pickleball Clinics with #1 senior Scott Moore



WHAT: Step up your game with intensive, semi-private training in strategy, technique, skill development, positioning, effective practice, and mental toughness with top pro and certified instructor, Scott Moore. Together with a small group of other players, you will improve your mental game, shot making, shot selection, learn new strategies, drills, and a truly systematic approach to pickleball in order to become a more effective, better player!

WHERE: Fort Marcy Pickleball Center, Santa Fe

WHEN: Friday October 29th 8:30-11:30 for advanced 3.5+, and 1:00-4:00 for intermediate 3.0-3.49 level players. Saturday October 30th, 8:00-11:00 for intermediate and advanced players. All sessions are \$100 pp.

HOW: There is currently only one slot left; one for intermediate/advanced Saturday morning, so reserve your place by contacting Cindy at clawts@gmail.com. Make sure to note which session you will be attending. Payment is needed to hold your spot:
*Send check payable to Paddles & Moore to Cindy Lawton at 408 Calle Kokopelli, Santa Fe, NM 87501 or
*Pay via PayPal at scottmoore1@gmail.com.

highperformancepickleballacademy.com
pickleballtrips.com

Pickleball Clinic
Hello Senior Olympics Athletes,
Senior Olympics is excited to announce a **Pickleball Clinic** happening in Las Cruces on **Saturday, October 16th First Session 9:00 a.m. Second Session 1:00 p.m.** To be held at NMSU Activity Center, 1600 Stewart Street, Las Cruces, NM 88003. Clinic will follow all local health and safety protocol for an indoor event. Coaches will work with senior participants of different skill levels, understanding that most of us have been at home for almost two years. This venue is first-class and in excellent condition with plenty of parking; bottled water will be provided.

Felix Rabanal, Certified PPR Instructor USA Pickleball Member, will be leading sessions to help improve your dink, soft game and strategy, serve and strategy, and ground strokes and strategy. There will be a refresher on rules with one hour of open play. All skill levels are welcome. Sports equipment will be available for use. Clinic will be limited to the first 400 registrants per session. Campus lunch options are available. Visit the NMSU website - <https://park.nmsu.edu/visitor/> to download a parking pass.

To register visit www.nmseniorolympics.org. For those who want to register over the phone, call our Roswell Office at 1-888-623-0676 Monday – Friday between 9-4 pm, closed for lunch 12-1 PM. To be COVID Safe we are requesting no spectators and Clinic will be limited to a maximum of 100 participants. Clinic fee is ten dollars (\$10.00 per person), registration closes **Monday, October 11th**. With the evolving state health orders, our website will have Clinic updates and any changes prior to the event.

NMSO is conducting several CLINICS this Fall. See our website at www.nmseniorolympics.org for more details regarding these clinics.

Pickleball – Las Cruces – Saturday, October 16th
Horseshoes – Las Cruces – Saturday, October 16th
Swimming – Rio Rancho – Sunday, October 17th
Basketball – Albuquerque – Friday, October 29th
Intramural Day – Las Cruces – November 10th

We have a great incentive: if an athlete signs up for **Five** Clinics before **OCTOBER 10th**, he/she will receive a FREE '22 State Summer Games Registration scheduled for June 8-11th in Las Cruces, NM.

Look forward to seeing you on the court!
Gina Montague
NMSO Administrative Assistant/Registrar
(975) 623-5777
1-888-623-6676
www.nmseniorolympics.org

- **Albuquerque Pickleball Club Masters Mash: Oct 22-24**
 - This is a sanctioned event and players must be USAPA members
 - Registration— <https://pickleballtournaments.com>

Proposed Albuquerque Pickleball Tournaments for 2022

Senior Games #1 March 12-13 (above 50 only)

ABQ Pickleball Club: April 22-4 (Sanctioned) (not including juniors)-assumes the NM is not an annual event

NM Games (include juniors) August 12-14 Senior Games #2 (Meet and Compete) Oct 14-16 (all ages over 16)

Senior Games #2 (Meet and Compete) October 21-23

Beginner Classes at Ft. Marcy

By Kiki Hummel

We had overwhelming response to our inaugural beginner's class at Fort Marcy. I have close to 30 email addresses of participants. They learned about the class from TeamReach, or from seeing our website, or just walking their dog past the courts on their way to the dog park. Within 5 weeks, we had them up and running and playing games pretty much on their own. We are going to have another class in October so be on the lookout for that. There are 83 pickleball enthusiasts on Nextdoor.com, many of whom are beginners.

Pickleball at Quail Run

Pickleball has arrived at Quail Run Golf and Tennis Resort in Santa Fe! Gaby and Arturo Loy and Ed Woodd striped a tennis court for pickleball lines recently and response has been overwhelming. Victor Avila is the pickleball pro/liaison at Quail Run.

Want to contribute to the newsletter?

Have you got something you'd like to share with the group either about pickleball or yourself? Would you like to contribute an article to the Newsletter or just submit some ideas? Contact Nancy Mroz at 505-660-4600 or nancymroz@gmail.com

RULES & REGULATIONS

When An Out Call Is Actually In

By Christine Wantuck, SW Regional District Ambassador

What happens when a player claims a ball was called out three times then off?

In a recreational doubles match, a ball was called out before it landed. The caller's partner realized that the ball was actually in and kept on playing, making a successful shot. The opponents missed the following shot, claiming the out call threw them off. Whose point, is it? The point goes to the team that hit the successful shot. There is a fine line between communication between partners and an actual line call. If a player feels anything indicating that they believe the ball is going out, while the ball is in the air, it is considered interference. **Rule 6.D.11**
However, if an "out" call is made after the ball has touched the surface of the court, the ball is dead and play shall stop. If, upon appeal, the "out" call is overruled then the point goes to the opponent. **Rule 6.D.12**
To be safe, keep playing when you hear the "out" call unless it is called after the ball has landed.
Answer is based on the USA Pickleball and IFP Official Rulebook for 2021

THE INNER GAME

Competitive Stress

By Jimmy Parker, USPTA Master Pro

Under the pressure of competition, we're most likely to break at our weakest link. That weak link could be mental, emotional, mechanical, or physical. If your backhand volley is poorly produced, you can be sure that it will give you trouble in matches. Or maybe it's your ability to sustain concentration that's dicey, or maybe you're just not in very good shape. They will rise up to haunt you when it means about moving.

If you're serious about improving, you've got to be specific about what gets you in trouble when you play competitively. We're talking about match play, and not your casual Sunday morning hit 'n giggle. When you're really trying to win, you'll get a clearer view of where the soft spots are. Do you have trouble closing out matches? Do you get frustrated with your errors, and suffer a drop-off in your level of play? Or what?

It's useful if, after you've played and it's fresh in your mind, to review what the three biggest problems you encountered while playing that day. Maybe you do this while driving home. The more articulate and specific you can be with what needs work, the faster you will improve (assuming you actually go out and practice). And if you find that the same issues keep popping up in your reviews, that's telling you something.

You can begin to get a handle on this process if you picture what your "Ideal Performance State" would be comprised of. Certainly it would include things like being focused, motivated, positive, energetic, resilient, etc. You can create your own composite picture of yourself performing at your peak. What elements do you already do pretty well? What elements could you specifically work on to improve overall performance?

It's probably easier to identify the mechanical aspects of your game that need work. For instance, I have trouble with low volleys, or I can't put away high balls. The mental and emotional components may be a little harder to identify and work on. For instance, how do I develop confidence, or how can I become more self-forgiving? But make no mistake - it is those very invisible, intangible mental and emotional factors that underpin your ability to compete well!

COACH'S CORNER

PICKLEBALL ETIQUETTE (DIFFERENT FROM SPORTSMANSHIP)

By Kiki Hummel via Eldorado

If you must walk across one court area to get to another, wait until the rally is over and then ask to "come through". Please walk briskly so as not to hold up the other game longer than necessary.

Before serving, make sure that the receiver is ready and facing you. Then call the score AUDIBLY so that they know you are ready to serve. Leave a few seconds in case there are any questions or corrections to the score.

If a ball comes into your court, please pick it up and return it to the proper person. Do not just smack it back without even looking where it is going. Likewise, if you are in your hand the ball was hit from and you are the one who gets the ball, please put your court or paddle up so that they know to whom to give the ball.

When you are returning a ball within your own court, please return the ball to your opponent, not just toward them.

When your game is over and you are leaving the court, please do not just walk behind another court where play is still going on. Wait until the point is over, then, ask to "go through".

Compliments to your opponents or partner for a well-made shot are always encouraged; however, gloating or laughing at an opponent's mistake is unsportsmanlike and is never acceptable!

Keep your temper! Abusive language is not allowed. Do not throw your paddle or cause a scene if you think you have been wronged. We all try to make the best calls we can. Remember we want to win, but not at the expense of sacrificing our good sportsmanship and integrity.

Do not call the faults that occur on the other side of the net to make, unless asked to do so. It is the responsibility of the receiver's side of the net to make the line calls. Please call the ball "fairy"; remember they will be doing the same for you. If your partner calls the ball out and you feel it was in, then you can tell your partner that you disagree and then let him/her correct the call.

If you are not sure, then the call will go to your opponents. If you see that you or your partner has stepped on the non-volley zone line when the ball was in the air, call the fault.

During rec play, if your opponent is mobility challenged, don't hit lobs over their head. Be kind.

While etiquette and ethics are essential on the court...SAFETY is also a must!

If a ball comes into your court from another game, stop play and say "ball!" loudly enough for everyone to hear. Likewise, if your ball goes into another court call out "ball!" loudly so everyone can hear and stop play. Stepping on an unseen ball can cause injury! Play will stop and the point shall be re-started.

If the courts are slippery, do not play. Any gravel, sand, or leaves should be removed from the court before play begins

Proper COURT SHOES are a must. The key to finding a good court shoe is its sole. The sole should have good tread and flexibility beneath the ball of the foot to allow for quick start and stop movements. A shoe that provides stability from side to side is important.

Improve Your Game by Watching YouTube

There are thousands of instructional pickleball videos on YouTube, but even just by watching the tournaments, you can improve your game.

First, if you like, you can slow the videos down by using the toggle and adjusting the playback speed. Be sure to turn off the audio as well if you do that, since that is also slowed down. But you really don't need to listen to the play-by-play.

Notice consistent moves by the professional players. See how the receiver ALWAYS moves to the kitchen line as soon as they return the serve? EVERY. SINGLE. TIME. That's easy – no decisions to make.

You can also sit with a piece of scratch paper and a pen and keep track of how many points are won by the team at the kitchen line. Just write "wins" and "losses" in a column and make hash marks next to the appropriate line. Sometimes all 4 players are at the net and it's not applicable. When it is a loss (rarely) you can make a note of why. Was it long? Was it into the net (rare)? Was it a good passing shot? But I think you'll notice generally at the top level of play, the team at the kitchen line has twice as many wins as losses.

MEET THE MEMBERS

The Levines

By Nancy Mroz

Jeff & Kathy Levine moved to Santa Fe in June 2021 from Hudson Valley, New York where both had lived and worked for the past several years. Both were employed by the Culinary Institute of America. Kathy worked in financial aid and Jeff in the Marketing Department. During Covid, as institutions of higher education were struggling, the day-to-day work pressures increased. Both had been researching where to move for their perhaps last jobs before their retirement years. As Kathy had lived during the '90s in Colorado, they concentrated their search in the Southwestern U.S.

Kathy interviewed online with Northern New Mexico College in Española for the Director of Financial Aid. They offered her the job on a day when Jeff was outside shoveling wet New York snow 22 inches deep. Kathy called out to him asking whether she should accept the job offer. He said: "Yes!" Everything was falling into place for a move to Santa Fe and a new chapter in their lives.

Jeff started looking online for places to play pickleball in Santa Fe. Upon their arrival they found an immediate pickleball home at the Ft. Marcy outdoor courts. They are both so complimentary of the pickleball community and the Santa Fe Pickleball Club. "Everyone has been so welcoming," Jeff says. They feel that the pickleball community in Santa Fe is the best that they have encountered. It truly is not just about playing the game of pickleball; it is about the solid friendships that they have made very quickly in Santa Fe.

They both started playing pickleball about five years ago. Their first exposure was an indoor program at the local high school. Kathy had signed up for an Adult Education course. Jeff went over after work in his suit & tie to volleyball. There were no regulation-sized pickleball courts. They just guessed where the net-to-volley zone was located. Kathy was given a wooden paddle and rudimentary rules of the game were explained. At the end of class, Jeff asked Kathy if she would mind if he gave it a try. Jeff batted the ball around wearing his socks and dress clothes and was instantly excited about learning the game! Later they took a trip to Sarasota, Florida where they actually played on "real" pickleball courts. They were introduced not only to dedicated pickleball courts but to strategies and techniques that could elevate their game. Back in Hudson Valley they worked very hard with the city to build dedicated pickleball courts...a project that took years to accomplish.

Jeff's career background includes public relations, sports broadcasting, umpiring, and even working as an embedded reporter in Saudi Arabia during Desert Shield. He has already "worked" with the Santa Fe Fuego going baseball commentary, scoreboard and PA jobs. He is very thankful to Yvonne Encinas, the Fuego GM, for the opportunity to work with the team.

Kathy and Jeff are also spending weekends exploring Northern New Mexico sites that has been so much fun! They have been pleased with the variety of new experiences they have had in our New Mexico mountains and communities in the few short months since their arrival. But playing pickleball and the pickleball community of friends has their heart. Jeff says that his goals on the courts are to get some exercise, to be his best, and to enjoy the social aspects of the game. They both love the generational appeal of pickleball allowing many levels of play. Pickleball is a sport for all!

Welcome New Members!

Provided by Gaby Loy

Clarice Berhost
Scott Berhost
Allan Bird
Susan Boe
Larry Crosby
Sara McIntyre
Gabriela Munoz
Lonnice Zarum
Nicole Blouin

Eric Rominger
Debbie Crawford
Nancy Lesicka
Nancy Germond
Deena Perry
Tim Lacy
Jaime Douglass
Evelyne Boren

Reminder: Membership applications can be mailed to Gaby Loy at gabyloy@msn.com or P.O. Box 408, Tesuque, NM 87545
Monetary donations can be mailed to Chuck Stein, 41 Camino Botanica, Santa Fe, NM 87507

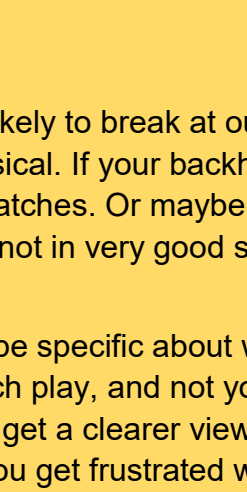
SWEET PICKLES

Member Recognition/Accomplishments

New Mexico Open September 3-6

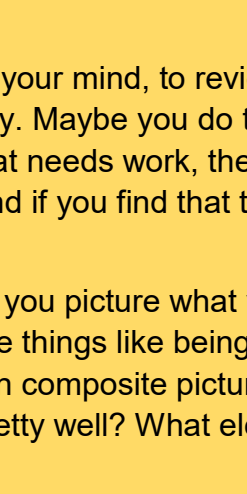
A fine showing by Santa Fe Players!
(Unfortunately we do not have photos for all of our participants)

Men's Doubles 4.0/12+ GOLD
Allan Benitez/Victor Avila



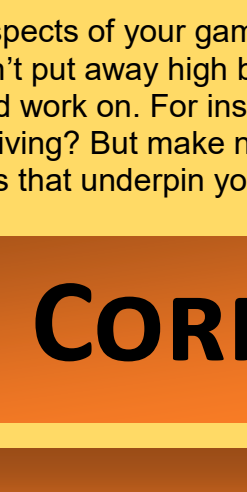
Women's Doubles 4.5/65+ GOLD
Christine Wantuck/Mandy Miranda

Mixed Doubles 4.0/50+ GOLD
Cindy Lawton/Pick Pickard



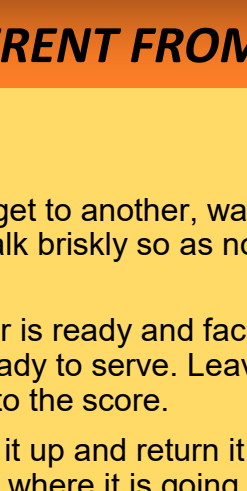
Women's Doubles 3.0/50+ GOLD
Amy Alford/Linda Shafer

Men's Doubles 3.5/50+ GOLD
Donnie Torres/Arturo Loy



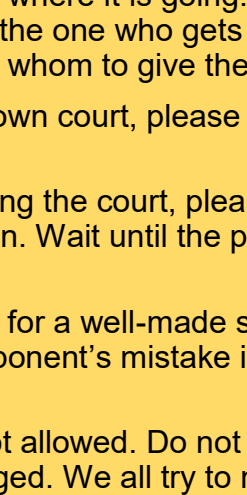
Women's Doubles 3.5/50+ SILVER
Kim Mancuso/Andie Crosby

Men's Doubles 4.0/50+ SILVER
Greg Wellington/Pick Pickard



Women's Doubles 3.0/3.5/65+ SILVER
Deborah Triolo/Mary Collins

Men's Doubles 3.5/65+ SILVER
Adam Wasserman/IPat Sheehan



Mixed Doubles 0.0/65+ BRONZE
Ed Woodd/Nan Crosby

CAUGHT ON THE COURTS

Ribbon-Cutting Ceremony—Sept. 29

