

SANTA FE PICKLEBALL CLUB

Santa Fe Pickleball

Newsletter



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Presbyterian

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Upcoming Pickleball Tournaments

Habitat for Humanity Fundraiser

The SFPC joined forces with Santa Fe Habitat for Humanity for their Pickleball Day Fundraiser.

communities. Their first event with the SFPC raised over \$5,000 to aid people in need of affordable housing. Madeline Skrak, Marketing Mgr. with Habitat, created a welcoming family event. Maddy and her team provided tee shirts, snacks, and water and all prizes!! Dos Amigos Food Truck

The Habitat Young Professionals are volunteers who work to create positive change in their

The Round Robin was great fun for all ages. \$50 gift cards were given to the second and third place winners along with jars of pickles, of course! The 1st Place winner in the Tier 3 level was our very own SFPC member, Abrey Mann! Who along with a large jar of pickles also received a \$100

The August 6th event was a fun day of free pickleball lessons and Round Robin play.

1. Albuquerque Senior Affairs Meet and Greet September 16-18. This tournament will be for ages 16 and up, pool play by skill/age. Registration will open in June. Information at

2. **New Mexico Open** This year's tournament has been cancelled.

Giving Back to our Community ~ Annie Maes

provided a mouth-watering menu.

pickleballtournaments.com

Want to contribute to the newsletter?

..... Have you got something you'd like to share with the group either about pickleball or yourself? Would you like to contribute an article to the Newsletter or just submit some ideas? Contact Nancy Mroz at 505-660-4600 or nancymroz@gmail.com

REFERENCE SECTION

Note from the Publisher: Articles are regularly published on this exploding sport of Pickleball in various magazines and newspapers. While most of them have some benefit to us, some of them

newsletter, and some don't apply to everyone, but if you have an article you think Club members might enjoy and benefit from, send the link in to either Nancy Mroz nancymroz@gmail.com or

Turbocharge Your Pickleball Game" submitted by Nancy Germond. Unfortunately one needs a subscription to the Wall Street Journal to read it. This article includes the following exercises: Bird Dog (back exercise), Lateral Squat Shuffle with Band, Lateral Bosu Shuffle, Push-ups, One-leg

https://www.wsj.com/articles/six-exercises-to-turbocharge-your-pickleball-game-11660328864

2) Another is from the New York Times (also subscription needed to read) entitled Pickleball,

https://www.nytimes.com/2022/08/20/health/pickleball-sports-injury.html#:~:text=Pickleball%

On the Lighter Side

The Communicator, The Motor, The Monk, The Wall, The Competitor, The Sun God, The

https://www.pickleballuniversity.com/home/pickleball-player-types-have-you-met-them-all?

<u>&utm_source=campaign&utm_medium=email&utm_campaign=evergreen&utm_content=august_</u>

RULES & REGS

Question of the Month

A unique scenario occurred. We were in a rally and we hit a high ball while we were near the baseline. My opponent

straight across from me cut the ball short into the NVZ, so

crouched behind the net so the opponent didn't smash the ball at me. As I'm crouched down behind the net (not

touching the net) the opponent hits the ball into the net

I ran up and popped the ball back over. I then

3) Want to know where to play in Albuquerque? Their Parks & Rec page shows where:

20injuries%20were%20on%20the,affecting%20people%2050%20and%20older

are a bit lengthy, some need a subscription to read, some need permission to reprint in the

1) The following link is to an article from the Wall Street Journal entitled "Six Exercises to

Bruce Panowski bpanowski@gmail.com and we will try to include it in this section.

Balance with Figure 8 Arms, and Single-Leg Ball Throw.

https://www.cabq.gov/parksandrecreation/recreation/pickleball

Submitted by Christine Wantuck Certified Coach PPR

Player Types: Have You Met Them All?

https://www.youtube.com/watch?v=1bKm1ktziJ4

Pickleball question of

Submitted by Christine Wantuck Certified Coach PPR

me because it was from the ball on the other side of the net?

the month...

Got a rule question? Email PQ: SFePickleball@gmail.com

Bv Annie Maes

However!

The point will be replayed.

rule changes for 2022.

By Annie Maes

By Nancy Mroz

coming onto your court.

Chatterer, The Socializer, The Upgrader, The Negativity Guru

&utm_term=cart4&mc_cid=7040b0c077&mc_eid=7836b250fe

Check out this fun article from PBU—The Pickleball University webpage:

On another (musical) note: Keep getting pickled with you...

Sport of the Future Injury?

L-R: Erin McSherry, Kevin Willson, Ryan Kalas, our Abrey Mann!!, Hari Mitar Khalsa, & Chase Staffor

Photo Credit: Amy Alfon

Pickleball

First thought: **SECTION 7 – Fault Rules** A fault (and resulting dead ball) will be declared for the following: **Rule 7.G** A player, a player's apparel, or a player's paddle contacting the net system, the net posts, or the opponent's court, when the ball is in play. Rule 11.L.5.d. states Any malfunction of a net system during play shall be considered a hinder.

[This type of malfunction can easily occur with portable nets, where wind can also be a factor.]

2022 USA Pickleball Rules Summary

A MATTER OF ETIQUETTE

First in a new series

All players should strive to follow proper pickleball etiquette to ensure a pleasant experience for all.

Don't leave the ball on the ground when the game is over. Always pick up the ball and return it to the ball tubes that were so lovingly made for our convenience or hand it off to the next group

MEET THE MEMBERS

Zane Fischer

Zane is originally from Bishop, California in the Eastern Sierra Nevada, Mammoth Mountain area but has been in Santa Fe for thirty-five years. One of his childhood friends moved to Santa Fe, so he found himself visiting New Mexico during his middle and high school years, eventually

Self-described as a 'restless generalist', Zane has a true entrepreneurial spirit. He has worked in non-profits arts administration as executive director of the Center for Contemporary Art; as a journalist for ten years with the Santa Fe Reporter; and all-along dabbled in ideas on what makes a community better. He is the co-founder and board president of MAKE Santa Fe, a workspace for artisans that has been open for 7 years off Siler Road offering facilities and equipment for woodworking, metal fabrication, 3D printing, laser cutting, sewing, etc., where a multitude of products are being manufactured. During COVID lockdown MAKE Santa Fe was very involved in producing PPE masks, face shields and surgical gowns in support of local hospitals and for

healthcare workers in Navajo Nation and Hopi communities, coordinating not only the

manufacture but the delivery system by working with local pilot volunteers to fly the products to remote areas. Zane has worked with a group called MIX Santa Fe for many years to help launch

We asked Zane how he discovered pickleball. In November of 2021, he was working on that renovation project in Northern California and decided he needed to find a way to get more exercise (work on his waistline!) In the area was a picturesque site that had three pickleball courts. He was introduced to the sport by a community of mostly retired ladies, kind and wonderful and anxious to share the sport by politely running him all around the court before stuffing him. Repeatedly! Zane has not come to pickleball from an athletic background, having played only a bit of ping pong and occasionally hurled his body down the odd snow-covered mountain. His take away from ping pong was having to unlearn the wristiness and spin that he employed in that game, reverting to the practice of just getting the ball safely over the net. Back in Santa Fe, Zane started showing up at Ft. Marcy in February 2022 and was a regular at the courts by May. He's working on better resetting of volleys into the soft game and keeping down the unforced errors. He loves the drill sessions provided by the Club. He is so grateful to be a part of this community at SFPC and leaves the pickleball court each day hoping to return with a little more grace, both at the net and in life. Zane will be back in Santa Fe in October and hopes

Recently Nancy Germond and I met with Zane Fischer via Zoom.

primary skill set." When the double drawing win occurred that day at Ft. Marcy, many of us there were just a little bit jealous, until

Zane turned right around and gave his newly 'won' cash back to the Club for our court expansion project, truly a class act! Zane also has since returned the pickleball destination gift certificate to the

Rule Revisions. To aid in recognizing and understanding the rule changes, we are providing a rulebook revision document. This document is not intended to cover every wording change but is designed to guide you through the significant

https://usapickleball.org/what-is-pickleball/official-rules/rules-summary/

and the net waves out and hits me due to the ball. What is the ruling? Does it matter the net hit

Zane was in his 'outdoor office' in a scenic Northern California Redwood forest, where he is working on a cabin renovation project through September with his partner, Katherine Lee. Naturally the first question for Zane burning on our lips was "Are you always that lucky?" We were referring, of course, to the recent fundraiser and fun "poker" event at Ft. Marcy on July 15th where Zane won both the 50/50 drawing of over \$500 in cash and a \$1000 gift certificate towards participation in an Elite Pickleball Camp!
Zane quickly retorted: "When it comes to pickleball, luck is my

moving here permanently in the late 80's.

small businesses and support local entrepreneurs.

A letter of appreciation from Martha Applegate:

Martha Applegate's Home before September 11th at:

Dear Santa Fe and Santa Fe Pickleballers,

See you soon on the courts.

Martha

Santa Fe

to see you on the courts!

Reminder: Membership and Donations to the club can easily be done on our website at: santafepickleballclub.com **SWEET PICKLES**

Member Recognition

I am headed back to Santa Fe after a very **successful** trip to shelters in Mexico. We went to four shelters in Juarez City: one for 10-year-olds to teens who have been deported and waiting for asylum, one for babies to 6-year-olds whose mothers can't care for them, and a large shelter for over 350 families including children, who by the way got most of Wanda's partner's tools and tool cabinet. The final one was for close to 200 families who helped us unload the final remnants of the van. All donations were much appreciated by these fellow human beings! A blessing to you

all as we were thanked profusely by everyone who received these profound gifts.

2887 Calle de Pinos Altos Text Martha at: 505-490-2032 NM Games Results— Congratulations!

A—Gaby/Jesse Loy 3.0 19+ Bronze B—Ram Pereyra/Linda Shafer 3.5 70+ Gold C—Cindy Lawton/Arturo Loy 4.0 19/50+ Silver D—Jim Hille/Nancy Germond 3.5 60+ Gold E—Julie Bugg/Owen Perillo 3.5 19+ Gold

If you have any donations of clothes for orphanages in Mexico, please deliver to

Α